

Tamara Oomen, MSW, RSW

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EDUCATION

- Master of Social Work (Advanced Standing)** Sept. 2013 – April 2014
Graduate Degree Program, Gerontology Specialization
University of Toronto, Toronto, ON
- Bachelor of Social Work (Honours)** Sept. 2011 – April 2013
Degree Program
York University, Toronto, ON
- Social Service Worker Gerontology** Sept. 2009 – April 2011
Diploma Program
Seneca College, King City, ON

RELEVANT EXPERIENCE

- Daycare for Alzheimer's in York (DAY) Centre** Sept. 2010 – Present
Alzheimer Society of York Region, Newmarket, ON
- Support participants' cognitive, physical, and social wellbeing through person-centred care approach based on PIECES best practice methods.
- Community Psychiatric Services for the Elderly** Sept. 2013 – April 2014
Sunnybrook Health Sciences Centre, Toronto, ON
- Provided supportive counselling, psycho-education, and referrals to older adults and their families living in the community; conducted psychosocial assessments and developed treatment plans as part of an inter-professional team; co-facilitated a family support group.
- Psychiatric Day Hospital** Sept. 2012 – April 2013
Baycrest Centre for Geriatric Care, Toronto, ON
- Provided direct care to older adults living with a depressive disorder; co-facilitated group psychotherapy, planning groups, and community meetings; demonstrated competence in use of HRSD, MMSE, MoCA, GDS, and BDI assessment tools; utilized EMR.
- York University Research Assistant** Sept. 2012 – April 2013
Assistant Professor Christopher S. Chapman, York University, Toronto, ON

CONFERENCES AND PUBLICATIONS

- Galbraith, B., Larkin, H., Moorhouse, A., & Oomen, T., *Intergenerational programming for persons with dementia: A systematic review*, Poster Presentation, Annual NICE Knowledge Exchange [ANKE], Toronto, May 21, 2014.
- Oomen, T. (2013). Chapter 15: Reminiscence group. In K. Schwartz & R. Madan (Eds.), *A Community Outpatient Model for the Treatment of Depression: The Baycrest Psychiatric Day Hospital Intervention Training Manual*. Toronto: Baycrest Publications.

MEMBERSHIPS

- Ontario College of Social Workers and Social Service Workers**
Ontario Association of Social Workers

AWARDS

- Factor-Inwentash Faculty of Social Work Entrance Scholarship (2013)
- York University Continuing Student Scholarship (2012)
- Alumni Award (2011)

References for Tamara Oomen

David Macfarlane, MSW, RSW

Social Worker, Field Instructor
Community Psychiatric Services for the Elderly
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