

PROFESSIONAL AFFILIATION

- **Ontario College of Social Workers and Social Service Workers** In process
- **Ontario Association of Social Workers** Registered Member, May 2014

EDUCATION

Master of Social Work, Gerontology Specialization 2013-2014
University of Toronto, Toronto

- Completed the Collaborative Program in Aging, Palliative, and Supportive Care Across the Life Course

Bachelor of Social Work with Honours 2010-2013
York University, Toronto

- York University, Toronto
- Magna Cum Laude
- Dean's Honour Roll
- Golden Key International Honour Society

Social Service Worker Diploma 2008-2010
George Brown College, Toronto

- Dean's Honour Roll

PROFESSIONAL EXPERIENCE

Toronto Rehabilitation Institute: University Centre Jan. 2013-June 2014
Geriatric Rehabilitation Unit and Musculoskeletal Rehabilitation Unit (Social Work Intern: Practicum)

- Conducted psychosocial assessments with patients and families
- Provided counselling to patients coping with a wide variety of injuries and/or illnesses, many of whom presented with psychological issues such as anxiety, depression, post-traumatic stress disorder (PTSD), and/or difficulty with adjusting to a decreased level of functioning, as compared to their baseline
- Engaged in discharge planning and linking to appropriate community supports, including Meals on Wheels, social/recreational programs, day programs, transportation, financial resources such as the Ontario Disability Support Program (ODSP), various services through the Community Navigation and Access Program (CNAP), and Community Care Access Centres (CCAC)
- Facilitated team care conferences
- Delivered discharge planning presentation to patients and families
- Gained increased knowledge and practice of Geriatric Assessment tools including the Montreal Cognitive Assessment (MOCA), Folstein Mini Mental Status Exam (MMSE), Rowland Universal Dementia Scale (RUDAS), Brief COPE, and Geriatric Depression Scale (GDS)
- Participated in various trainings geared towards providing ongoing professional development

St. Clair West Services for Seniors, Toronto Nov. 2012-June 2013
Case Worker: Practicum

- Conducted intake assessments and referring clients to appropriate services internally and to external agencies as needed and according to catchment areas
- Conducted health and psychosocial assessments, including the RAI CHA Assessment Tool
- Developed individualized, client-centered care plans with clients and other professionals
- Conducted Home Safety Assessments
- Liaised with the Toronto Central and Central Community Care Access Centres, regarding client needs and resources
- Responsible for my own caseload

Salvation Army- Isabel and Arthur Meighen Manor (Long-term Care Facility)

Practicum

Nov. 2009-April 2010

Employee: Summer contract position

June 2011-August 2011

- Reviewed applications of potential applicants and corresponded with the Toronto Central Community Care Access Centre (TCCCAC) regarding applications, room offers and floor placement
- Led tours of the facility while informing the public about the available programs, and the process of applying for long-term care
- Wrote and sent letters of acceptance or rejection in response to applicants, based on specific criteria and behavioural assessments, and created and maintained files for the waitlist
- Attended Team Care Conferences
- Conducted Folstein Mini Mental Status Exam (MMSE) with residents
- Worked in place of the resident Social Worker while she was away on vacation, engaging in such duties as: corresponding with the TCCCAC regarding bed vacancies and the waitlist, posting bed vacancies, facilitating the cleaning and repairs of the room in order for it to be habitable for the next resident, attended multidisciplinary meetings
- Performed administrative duties as required, including daily use of Point Click Care

Senior People's Resources in North Toronto (SPRINT)

June 2010-Sept. 2010

In Home Services: Summer contract position

- Assisted in scheduling Personal Support Workers to visit clients' homes, assessing client needs, and providing social services
- Interacted daily with elderly clients of the agency, and their family members
- Arranged transportation for clients to medical and/or hospital appointments through "Doorways to Care" and "Home at Last" programs
- Performed administrative duties as needed

The Toronto District School Board

March 2009-April 2009

Job Coach and Class Room Support (practicum)

- Supported youth with developmental disabilities and built rapport with students, teachers, and parents
- Led TTC training with students, resulting in them becoming more independent, and being able to use public transit
- Engaged the students in classroom activities, including developing their reading skills, writing, and comprehension
- Provided life skills training, including grocery shopping and cooking

VOLUNTEER EXPERIENCE

The National Initiative for the Care of the Elderly (NICE)

May 2014

- Registered volunteer, assisted with various duties at the NICE Knowledge Exchange

The Salvation Army, Isabel and Arthur Meighen Manor

May 2010-Nov. 2010

- Providing information to the public on tours of the facility
- Organizing and maintaining the files for the waitlist
- Performed administrative duties as required, including daily use of Point Click Care

RESEARCH AND PUBLICATIONS

Barker, M. (2014). Antipsychotic/Neuroleptic Drugs used as Pharmacological Restraints in Long-term Care. In revision for the *Journal of Elder Abuse and Neglect*.

Somogyi, R., Barker, M., MacLean, C., Grishkan, P. (2014). Silent Voices from the Arctic, What is Known about the Inuit Elderly? Research Poster Presented at the National Institute for Care of the Elderly (NICE) Knowledge Exchange.

Somogyi, R., Barker, M., MacLean, C., Grishkan, P. (2014). Silent Voices from the Arctic, What is Known about the Inuit Elderly? In revision for the *Journal of Gerontological Social Work*.

